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The Crystal Healer: Crystal Prescriptions That Will Change Your Life Forever





Synopsis

Crystal therapy has long been used as a gentle system of holistic healing. By drawing on the unique qualities of crystals such as quartz and amethyst, you can balance the energy fields around your body, home and office to bring well-being, and gain health benefits. Crystals can help soothe emotional problems such as anxiety, mood swings, or shyness, as well as physical symptoms such as migraines and allergies. In addition, crystals can act as natural energy boosters and aid in detoxifying our systems. With crystal remedies for more than 250 common ailments and a directory of 250 crystals, as well as detailed explanations of the most effective healing methods, this book is the ultimate guide to healing with crystals. Illustrated with color photographs, and supplemented with practical exercises and case studies, The Crystal Healer is the ultimate practical reference from a highly respected healer and teacher.

Book Information

Paperback: 144 pages Publisher: CICO Books (February 1, 2007) Language: English ISBN-10: 1904991637 ISBN-13: 978-1904991632 Product Dimensions: 7.5 x 9.2 inches Shipping Weight: 1 pounds (View shipping rates and policies) Average Customer Review: 4.7 out of 5 stars Â See all reviews (123 customer reviews) Best Sellers Rank: #32,280 in Books (See Top 100 in Books) #14 in Books > Religion & Spirituality > Hinduism > Chakras #16 in Books > Religion & Spirituality > New Age & Spirituality > Divination > Crystals #149 in Books > Health, Fitness & Dieting > Alternative Medicine > Healing

Customer Reviews

I am a Crystal Therapist, so I love to find books that talk about crystals, give detailed descriptions, uses, and other information about them. (I love crystals and stones in general, so another reason why I love finding great books on them)I have several crystal books and I have to say I am most happy I found this book! I ordered it, along with the new edition of The Book Of Stones and have absolutely fell in love. For the size of this book it has a great amount of information, uses, and pictures of crystals and stones.I am very pleased about the pictures; the pictures are somewhat small, but they are nice up-close and clear shots. There is not an example of both the natural and

polished stones for each one, but the picture quality is excellent. The book also talks about choosing a pendulum, cleansing stones/crystals, choosing the stones/crystals, and several other topics. Chaper 4 is what I say is one of the best features about this book. It talks about crystal remedies; first it lists different physical ailments and the stones/crystals that would be helpful. Next is remedies for emotional ailments, examples of them and stones/crystals that would be helpful to them. Last there is a section for spiritual enhancement; it lists examples and what stones/crystals would be most helpful to you in regards to it. Out of the other crystal books I have that list remedies, I really love how this book was formatted. Having an entire chapter deticated to various remedies is fantastic. It was easy to read though and also just as easy to find what I was looking for. I really recommend this book and I honestly wish I had found it a lot sconer. If I had found this book right away, I have about two or three other crystal books I wouldn't have purchased!

This is the same author, title, year published, number of pages but for some reason mine has a different picture on the cover. It is the first book I grab to look up stones. The photographs are gorgeous! I like that the author gives the common "source" of the stones; the astrological association; the chakras; and the healing qualities differentiated for physical and for emotional/spiritual. You can also find a separate section in the back of the book to look up gemstones for physical, emotional or spiritual challenges. He separates the chapters by color, so for someone who is trying to identify a stone, that is a big plus. The newer popular gemstones are also mentioned such as prasiolite and the more uncommonly found ones such as prehnite and pink opal. The only stone I couldn't find was cat's eye which wasn't listed under chrysoberyl. The only downside to this book is that the gemstones are not listed alphabetically even within their color category, so it is necessary to refer to the Index in the back if you're in a hurry to find your stone which is easy enough to do. Overall, I highly recommend this gem of a book.

I have bought sooo many crystal healing books and I've never had one as awesome as this. It includes what many Crystal Healing books lack: brief history, what it helps with, other names, chakra, zodiac, etc. I do appreciate that this book isn't in alphabetical order because there's a chance the reader doesn't know which name goes to which crystal, it's in order of color. If you're reading this and you know enough about natural stones/gems then you know that there's different colors of MANY crystals. And, it might not have all of that--only well-known stones (like quartz) it does have alternate colors in there--in the most exact detail, but it covers EVERYTHING else and it's worth not knowing EVERY different color of EVERY kind of crystal.Altogether, if you're even

reading this review in hopes to find the best crystal healing book, trust me, this is it. It's got just about everything, even an index of everything from anxiety to luck. There's even a warning on one crystal because it's great for pregnancy (fetal development), but bad for anyone who has any bacterial illnesses in their body (ex. HIV) because it'll make it spread. Peruse the book and find out. Hint: it's a pink (with red & black) stone. By the way, I've had this book 4-5 years and it's still the best. I kept buying others because I keep losing this book. Now that I've lost it once again, I think I might just buy another anyways because it's worth it.

The Crystal Healer: Crystal Prescriptions That Will Change Your Life ForeverThis book is great for identifying most polished crystals and other collectible stones and minerals, and the descriptions and useful health tips are great.

I teach crystal healing classes and I always recommend this book, especially for beginners. The book is organized by color so that one can easily recognize a crystal that they have purchased that they may have forgotten what it was. Each crystal is beautifully represented in full color indicating its physical, emotional and spiritual properties. The definitions are short and straight to the point. The book also gives useful tips on working with crystals, chakra balancing and an easy to follow practical tips that anyone can use. I love it!

MY FAVORITE CRYSTAL BOOK. ITS A BOOK I TURN TO OVER AND OVER AGAIN. EASY TO READ NICE PICTURES. Has a crystal remedy section that makes this book excellent.

I really like this book - there are 250 stones listed, many of which I have never heard, so glad to learn about them. I love how it is grouped by colors and yet you can also look up a stone in the index if you are not sure of its color. There is a picture of each one and info on the general healing qualities, as well as qualities for physical and for emotional/spiritual healing. Also chakra, zodiac and location and geological information is included.Well worth the money, I recommend this book.

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